

## PALS Instructor Update Course Agenda

### Prerequisites:

- I. The instructor candidate needs a current PALS Instructor card;
- II. Needs to have taught at least 4 provider courses in the past renewal period;
- III. Bring completed Course monitoring form to class.

### Day One: 8 hours

- I. Introduction: self, students. Discuss agenda of full course (verify prerequisites completed, discuss classroom agenda and course monitoring requirement).
- II. Hand-out PALS Instructor Profile forms.  
(Optional: to show the PALS Instructor Essentials Classroom DVD or view PALS Product & Course orientation on the AHA Instructor Network.  
On Dashboard page under COURSES>PALS>PALS Product & Course Orientation).
- III. Test out on skills using the PALS Skills Checklists in the Profile packet.
- IV. Give the PALS Instructor written exam and correct.

### BREAK

- V. Show and discuss PALS and PEARS Instructor manuals and HeartCode agenda.
- VII. Go over the Instructor Update form.
- VIII. Send in completed Profile form & dues payment to the MnSCU MRTC.
- IX. Answer Questions and have student complete PALS Instructor Evaluation form.