# Lighting Your Way... Minnesota Career Information System

## **MCIS** at a Glance

The Minnesota Career Information System (MCIS) helps your students and clients make better career decisions by providing accurate, comprehensive, and current career information and planning resources. All information files are linked together for seamless exploration.

#### **Occupation and Employment Information**

Occupations	Detailed information on over 500 occupations with current regional, state, and national labor market information. Organized by career fields and career clusters.
Career Fields	Information on Minnesota's six career fields with links to career clusters and pathways.
Green Jobs	Information about how occupations and industries are becoming green.
Military Employment	General information about the military plus over 500 military occupational descriptions.
Industries	State and national information on 60 major industries.
Self-Employment	Helps you determine if self-employment is right for you. Includes an entrepreneurship quiz.
Job Search	How to conduct a successful job search plus tips on interviewing techniques and writing resumes and cover letters.
Keep that Job	Information to help you stay gainfully employed.
Reality Check	An interactive tool that matches your lifestyle and educational choices with occupations.
Occupation Sort	Creates a list of occupations that match your preferences.

#### **Education and Training Information**

Programs of Study	Admission and coursework requirements for over 800 program categories plus descriptions of the programs offered by each school.
Minnesota Schools	Detailed information on all licensed and accredited higher education institutions in Minnesota.
U.S. Schools	Detailed information on over 4,000 licensed and accredited higher education institutions.
Apprenticeship	General information on apprenticeship plus contacts for sponsors throughout Minnesota.
Short-Term Training	A list of short-term training programs requiring less than one year to complete.
Other Career and Postsecondary Preparation Options	Information about dual credit options, work-based learning, service learning, and other educational programs and initiatives for youth and adults.
Scholarships	Sortable database of over 4,000 scholarship awards.
Paying for School	Helps you understand the financial aid process and the need to plan ahead to pay for school. Includes charts, calculators, and videos.
School Sort	Creates a list of schools based on your criteria.
Financial Aid Sort	Creates a list of scholarships based on your criteria.

#### **Assessment Tools**

IDEAS: Interest Determination, Exploration and Assessment System®	Fully-normed interest assessment for different age levels: junior high, high school, and adult. (This is an optional component for an additional fee.)
SKILLS	Identifies occupations that best match your skill preferences and calculates your Holland Personality Type. Also compares your skill preferences to the skills required by an occupation.
Career Cluster Inventory	A quick interest inventory that provides results based on the 16 U.S. Department of Education career clusters.
O*Net Interest Profiler	Helps you identify your interests and matches them with a wide variety of careers.
O*Net Work Importance Locator	Helps you determine your work values and identifies occupations that are linked with your work values.
Assessment Link	Links results from other assessments you have taken to MCIS occupational information.

### **Other Features and Support Materials**

My MCIS Electronic Portfolio  Practice Test Packages	Saves your favorites in MCIS including assessment results. Includes a student checklist, a career planning and goal-setting tool, a course planner, a resume writer, and the ability to upload and save documents.  These are optional components for an additional fee (unlimited use).  • Academic Package I includes practice tests for ACT, SAT, PSAT, ASVAB, GED, CLEP, TOEFL, ACT Work Keys, DANTES, and Academic Skills Question Bank. Also includes online courses for ACT and SAT.  • Academic Package II includes practice tests for SAT subject tests and Advanced Placement tests. Also includes: Air Force Officer Qualifying Test (AFOQT), GRE (Graduate Record Examination), GMAT (Graduate Management Admission Test), Law School Admission Test (LSAT), MCAT (Medical College Admissions Test), and Miller Analogies Test.  • The Civil Service Practice Test Package includes tests required for the following government jobs: Accountant/Auditor, American Foreign Service Officer, Caseworker, Correction Officer, Court Officer, Firefighter, NCLEX-PN, NCLEX-RN, Parole Officer, Police Officer, Police Sergeant, Lieutenant, Captain Promotion, Postal Worker 460/473, Postal Worker 710/711, Praxis I, Probation Officer, Real Estate, State Trooper, Treasury Enforcement Officer, and U.S. Citizenship.
Curriculum	A complete framework for implementing career development in the classroom.
Practical Learning Activities	Over 450 career development activities.
Administrative Site	Allows site administrators to manage portfolios, track site usage, upload course lists, and send messages to students.
Resources for Veterans	A portal of resources helpful to veterans.

Many modules in MCIS are translated into Spanish. Tutorials and counselor guides are included. Free hands-on training workshops are conducted throughout the state every fall.

Questions about licensing or pricing for MCIS, contact <a href="Deb Parkos">Deb Parkos</a> at 651-582-8321 Toll-free: 1-800-599-6247 TTY: 651-582-8201 or email <a href="mailto:debbie.parkos@state.mn.us">debbie.parkos@state.mn.us</a>
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MCIS is a member of the Association of Career Resource Professionals (ACRP). Information in MCIS complies with ACRP Standards.