

PALS Instructor Essentials Course Agenda

Prerequisites for NEW Instructors:

- I. The instructor candidate needs a **current PALS Provider card**;
- II. Instructor candidate to contact a **training center to align** with for PALS Instructor and purchase a PALS Instructor Manual;
- III. Email instructor candidate the **PALS Instructor Workbook**
- IV. Candidate to register on the www.AHAInstructorNetwork.org and bring AHA ID# to class;
- V. Candidate to take the **PALS Instructor Essentials** course on the www.onlineAHA.org site and bring the certificate of completion to class.

Day One: 8 hours

- I. Introduction: self, students. Discuss agenda of full course (verify prerequisites completed, classroom agenda, and course monitoring requirement).
- II. Hand-out PALS Instructor Profile forms.
- III. View PALS Instructor Essentials classroom DVD.
- IV. Test out on skills, have them test out each other using the PALS Skills Checklists in the Profile packet.
- V. Give the PALS Instructor written exam and correct.

BREAK
- VI. Show and discuss PALS/PEARS Instructor manuals
 - A. Preparing section very informative;
 - B. Teaching section has the skills checklists;
 - C. Testing
 - D. Course overview
 - E. Lesson Maps
 - F. Certification vs Renewal courses
- VII. Go over the Instructor Update form
This will cover AHA information and MRTC resources.
- VIII. Offer mentoring opportunities if possible. Set up plan for monitoring of first class.
- IX. Candidate or TCF to keep PALS Instructor Profile forms until monitoring is done.
Then send in Profile form & dues payment to the MnSCU MRTC address on the packet.
- x. Answer Questions and have students complete PALS Instructor Evaluation form.